



Curriculum Vitae

I. Berdnyk

PERSONAL INFORMATION



Inna O. Berdnyk

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Sex F | Date of birth 24/11/1991 | Citizenship Ukraine

Scientific degrees (field)	PhD, Medicine
Academic titles	
Position	Assistant Professor
Department	Internal Medicine
Faculty/Institute	Institute of Biology and Medicine

Courses in which was involved:

Current year	<ol style="list-style-type: none">1. «Internal medicine», master, 5th year, practical classes2. «Internal medicine», master, 6th year, practical classes3. «Medical practice», master, 5th year, practical classes4. « Fundamentals of diagnosis, prevention and treatment of diseases of the digestive system», master, 4th year, practical classes
Previous years	<ol style="list-style-type: none">1. "Internal medicine", master, 4th year, practical classes2. "Propedeutics of Internal medicine", master, 3rd year, practical classes3. «Manufacturing medical practice», master, 3rd year, practical classes4. «Medical practice», master, 3rd year, practical classes5. «Current issues of laboratory and instrumental diagnostics in the clinic of internal medicine in the elderly», master, 4th year, practical classes

CAREER/EMPLOYMENT

Period (starting from last)	Position
Since 2021	Assistant Professor Institute of Biology and Medicine, Department of Internal Medicine Area of activity: Medicine
2019-2020	Assistant Professor BOGOMOLET'S NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine, Department of Internal Medicine, Faculty of Dentistry Area of activity: Medicine
2017-2021	Postgraduate full-time (PhD) study BOGOMOLET'S NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine, Department of Internal Medicine, Faculty of Dentistry Area of activity: Science
2015-2017	Magistracy

BOGOMOLETS NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine, Department of Internal Medicine №3

EDUCATION AND TRAINING

Period (starting from last)	Position
22.02.2022-30.09.2022	Training «Soft skill development in teaching professional training»
18.02.2022-15.03.2022	Training «Modern approaches to medical education in the context of global challenges and digital transformation of medical education »
2017-2021	Postgraduate full-time (PhD) study BOGOMOLETS NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine, Department of Internal Medicine, Faculty of Dentistry, dissertation on the topic "Optimization of management of patients with hypertension and overweight by telemonitoring of blood pressure" (specialty 222 Medicine / "Internal Medicine") Doctor of Philosophy (PhD)
2020	Advanced training on the cycle of specialization "Gastroenterology", Ukrainian Military Medical Academy Received a specialization in gastroenterology, 30.12.2020
2015-2017	Magistracy BOGOMOLETS NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine, Department of Internal Medicine №3; магістерська робота на тему: "Clinical and endoscopic-morphological features of gastroesophageal reflux disease in chronic Helicobacter Pylori-associated gastritis" Master of Medicine Internship in the specialization "Internal Medicine" of the BOGOMOLETS NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine Experience/degree specialization "internal diseases" (certificate №D1703001 from 20.06.2017)
2015	Advanced training courses of TU "Organization of scientific research: basics of methodology and biostatistics" BOGOMOLETS NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine
2016	Kharkiv National University of Internal Affairs of Ukraine Received specialization "Law", professional qualification "Lawyer"
2009-2015	BOGOMOLETS NATIONAL MEDICAL UNIVERSITY, Kyiv, Ukraine; medical faculty Experience/degree Physician

PERSONAL SKILLS

Name	Level (description)
Native language	Ukrainian
Foreign language	English, B2
Communicative competence	Communication skills in communicating and solving issues with students, teachers, scientists; skills of business communication
Computer skills	The use of computer equipment for collecting and information processing, work with the Internet, confident user of MS Office and operating systems Windows XP, 7, 10, specialized computer programs.
Professional skills (not mentioned above)	I have modern methods of examination, diagnosis and treatment of diseases of internal organs, statistical methods of data processing.
Fields of professional interests	Pathology of the cardiovascular system and gastrointestinal tract, modern methods of examination.

ADDITIONAL INFORMATION

Item	Titles of publications, projects, conferences, awards and prizes, memberships in academies and societies etc.
Publications	<ol style="list-style-type: none"> 1. Бердник І. О., Бульда В. І. Психологічні характеристики пацієнтів з артеріальною гіпертензією та надмірною масою тіла.// Міжнародна науково-практична конференція «Наука, освіта, технології, інновації: світові тенденції та регіональний аспект», 2021.- С.11-12 2. Бердник И. А., Бульда В. И. Опыт применения телемониторинга артериального давления у пациентов с артериальной гипертензией.// Міжнародна конференція «Спірні та невирішені питання кардіології 2021», 2021. – С.32-33 3. Berdnyk, I., Bulda, V., & Bogomaz, V. Readiness assessment of patients with arterial hypertension to the application of telemedical technologies. Eureka: Health Sciences. – 2021. - №1.- P 41-47. 4. Бердник І.О. Ефективність застосування телемоніторингу артеріального тиску у пацієнтів з нормальною та надлишковою масою тіла// УНММЖ. – 2021. – №1 (121). – С.-32-43. 5. Богомаз В.М., Бульда В. І., Бердник І. О. Використання телемедичних технологій у менеджменті артеріальної гіпертензії// Вісник проблем біології і медицини. - 2019. – Вип. 1, том 2 (149). – С. 20-24. 6. Бердник І.О., Богомаз В.М., Хомченкова Н.І. Обізнаність пацієнтів про можливість дистанційного контролю артеріального тиску.// Матеріали науково-практичної конференції молодих вчених з міжнародною участю Харківської медичної академії післядипломної освіти «Медицина ХХІ століття», 2019. – С.17 7. Бердник І.О., Бульда В.І., Богомаз В.М. Використання автоматичних «домашніх» тонометрів у менеджменті артеріальної гіпертензії.// Український кардіологічний журнал, 2019. –Том №26, додаток 1. – С.7. 8. Бердник І.О., Бульда В.І., Богомаз В.М. Телемоніторинг артеріального тиску в домашніх умовах у пацієнтів з артеріальною гіпертензією “Журнал НАМН України”, с.98, 2018, Спеціальний випуск 9. Бердник І.О. Портативні прилади для виміру артеріального тиску як метод контролю лікування пацієнтів з артеріальною гіпертензією “Журнал НАМН України”, с.95, 2018, Спеціальний випуск

Projects	
Conferences	<ol style="list-style-type: none"> 1. International scientific and practical conference with international participation: "REENA 16th International Academy of Nephrology", 2022 2. Scientific and practical online conference "Modern trends in world pancreatology", 2022 3. Scientific and practical online conference "2nd Lviv Spring International Summit. Internal diseases. Preventive medicine", 2022 4. International scientific-practical conference "Science, education, technology, innovation: global trends and regional aspects", 2021 5. International Conference "Controversial and Unresolved Issues of Cardiology 2021", 2021 6. II International Congress with online broadcast "From birth to maturity: an interdisciplinary approach to health", 2021 7. Scientific and practical online conference with international participation "Current issues of internal medicine: diagnosis and treatment", 2021 8. Scientific and practical online conference "Modern trends in world pancreatology", 2021 9. Scientific and practical conference with international participation "International experience in the treatment of hypertension", 2021 10. All-Ukrainian scientific-practical online conference for doctors, 2020 11. Professional school "urinary tract infection - areas of responsibility between family doctor, urologist and nephrologist", 2020 12. Scientific and practical conference "Fifth Koblev meeting. Modern problems of pancreatologists, comorbidity in pancreatology. Dietary and spa factors for the treatment of software diseases. Cystic fibrosis: modern possibilities of diagnosis and treatment". 13. Scientific and practical conference of young scientists with international participation of the Kharkiv Medical Academy of Postgraduate Education "MEDICINE OF THE XXI CENTURY", 2019. Kharkiv 14. XIX National Congress of Cardiologists of Ukraine, 2019. Kyiv 15. III scientific readings in memory of Professor AP Peleshchuk, 2017, Kyiv

<p>Sertificates</p>	<ol style="list-style-type: none"> 1. Ultrasound diagnostics in gastroenterology for beginners, 2022. 2. REENA 16th International Academy of Nephrology, 2022 3. Current trends in world pancreatology, 2022 4. II Lviv Spring International Summit. Internal diseases. Preventive medicine, 2022 5. Gastrosphere: complex diet therapy and pharmacotherapy of gastrointestinal diseases, 2021 6. Online master class "CHD and chronic cerebral ischemia in the context of anti-ischemic and metabolic therapy", 2021 7. Participated in the scientific sessions organized by ISVH & Aging during the conference "International experience in diagnostics and treatment of arterial hypertension", 2021 8. IX All-Ukrainian Congress "Prevention. Anti-aging. Ukraine », 2021 9. Online master class "Features of childhood in the practice of family doctor and pediatrician", Kyiv, 05.05.2020 10. On-line master class "Cardiovascular pathology from the standpoint of evidence-based medicine", Kyiv 05.05.2020 11. Master class "Treatment of comorbid conditions in the conditions of COVID-19" 11.04.2020 12. Simulation training "Algorithm of actions of the doctor in the conditions of epidemic COVID-19" 11.04.2020 13. "Preventive gastroenterology and dietetics from the standpoint of evidence-based medicine" Scientific symposium with international participation, 28.05-17.06.2020 14. All-Ukrainian scientific-practical online conference for doctors, Kharkiv 20-21.03.2020 Онлайн тренінг-програма «Практичні навички з профілактики, скринінгу, діагностики та лікування хронічних неінфекційних захворювань» 20-21.03.2020 15. Master class "World Inflammatory Bowel Disease Day" 18-21.05.2020 16. "12th Ukrainian Gastrological Week", scientific-practical conference with international participation, Dnipro 24-25.09.2020 17. Online conference with international participation "Fifth Koblev meeting. Modern problems of pancreatologists, comorbidity in pancreatology. Dietary and spa factors for the treatment of software diseases. Cystic fibrosis: modern possibilities of diagnosis and treatment ". 10-12.09.2020 18. Conference "5 scientific readings in memory of AP Peleschuk ", Kyiv, November 7, 2019 19. Master class of the Kyiv Society of Gastroenterologists, "Autoimmune hepatitis. Current issues of diagnosis and treatment ", Kyiv, 12.12.2019 Науково-практична конференція «Медико-соціальні проблеми артеріальної гіпертензії в Україні», м. Київ, 29-30.2019 20. Seminar "Diseases associated with physical overload and overexertion of certain organs and systems", Kyiv, 11/27/2019 21. Master class "Actual strategies for the diagnosis and treatment of gouty arthritis", Kyiv, 06.02.2020 22. Master class "Pain in the lower back - a difficult patient", Kyiv 04.03.2020
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