



Curriculum Vitae

Mnevets R. O.

PERSONAL INFORMATION



MNEVETS Ruslan

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Gender M | Citizenship Ukraine

Scientific degree (degree, specialization)	
Academic rank	
Position	Assistant
Department	Pediatrics, Obstetrics and Gynecology
Faculty / institute	ESC “Institute of Biology and Medicine”
Main place of work	Obstetrician-gynecologist of the endocrine gynecology office of the SI “Ukrainian Center of Motherhood and Childhood of the NAMS of Ukraine”

Educational Disciplines / subjects, which were taught by me:

In the current year	<ol style="list-style-type: none">1. Endocrine gynecology 5th course, lectures and practical classes, EP "Medicine"2. Clinical pathophysiology and pathogenetic therapy 6th course, lectures and practical classes, EP "Medicine"
In the previous periods	<ol style="list-style-type: none">1. Pathophysiology 3rd course, practical classes, EP "Medicine"2. Clinical physiology, practical classes 2nd course, practical classes, EP "Medicine"3. Actual issues of endocrine gynecology 5th and 6th courses, lectures and practical classes, EP "Medicine"

EXPERIENCE OF SCIENTIFIC AND SCIENTIFIC-EDUCATIONAL WORK

Period (starting from the last one)	Stage (description)
16.09.2024 – until now	Assistant at the Department of Pediatrics, Obstetrics and Gynecology ESC “Institute of biology and medicine”, Taras Shevchenko National University of Kyiv Sphere of activity or sector Education
29.05.2023 – 16.09.2024	Assistant at the Department of Physiology and Anatomy / Department of Anatomy and pathological physiology ESC “Institute of biology and medicine”, Taras Shevchenko National University of Kyiv Sphere of activity or sector Education

19.08.2021 – 29.05.2023	Specialist of the 1st category of the educational interdepartmental laboratory of instrumental methods in biology of ESC “Institute of biology and medicine” / Laboratory technician of the educational laboratory of biochemistry of the department of biochemistry Sphere of activity or sector Science
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TRAINING AND STORAGE

Period (starting from the last one)	Stage (description)
01.10.2025 – until now	PhD-student, SI “Ukrainian Center of Motherhood and Childhood of the NAMS of Ukraine” (specialty I2 Medicine)
01.08.2022 – 30.06.2025	Internship in obstetrics and gynecology, SI “Ukrainian Center of Motherhood and Childhood of the NAMS of Ukraine” (name until 01.08.2024 – SI "Institute of Pediatrics, Obstetrics and Gynecology named after Academician O. M. Lukyanova of the NAMS of Ukraine")

PERSONAL SKILLS

Name	Level (description)
Native language	Ukrainian
Foreign language 1	English, B1
Communicative competence	Good communication skills was obtained by participating in scientific conferences of various levels as a participant and organizer, moderating educational projects in the field of clinical medicine.
Organizational / managerial competence	<ul style="list-style-type: none"> Member of multidisciplinary working groups for the development of national sectoral Clinical Guidelines and Standards for the provision of medical care (State Expert Center of the Ministry of Health of Ukraine): <ul style="list-style-type: none"> - Pelvic inflammatory diseases (included in the working group by order of the Ministry of Health of Ukraine dated 05/18/2023 No. 928) - Benign diseases of the mammary glands. Tactics of managing abnormal breast examination results (included in the working group by the order of the Ministry of Health of Ukraine dated 09/13/2024 No. 1592) - Hormonal disorders of the reproductive system in women (included in the working group by the order of the Ministry of Health of Ukraine dated 03/28/2025 No. 558) - Precancerous diseases of the reproductive system in women (included in the working group by the order of the Ministry of Health of Ukraine dated 03/28/2025 No. 558) - Iron deficiency anemia (included in the working group by the order of the Ministry of Health of Ukraine dated 09/03/2025 No. 1379) Moderation of educational projects for patients (HealthSpace) and medical students, interns and young doctors (Mediverse). Moderation of meetings of students of the specialty "Medicine" with representatives of healthcare institutions, events of the Career Counseling Program "Your Successful Career Start Begins with Us", Open Days. Establishment and holding of student scientific-practical and scientific-theoretical conferences. Curation of a student club on pathophysiology (2021 - 2024), on obstetrics and gynecology (2024 - present). Curation of academic groups of the 4th year of the specialty "Medicine" (2024 - 2025). Member of the jury of the All-Ukrainian competition of scientific papers (2024, 2025).
Digital competencies	Technical editor of the magazine "Bulletin of Taras Shevchenko National University of Kyiv. Biology", administrator of the website of the Journal (2021 – 2025).
Areas of professional interest	Reproductive endocrinology, polycystic ovary syndrome, menopausal disorders, management tactics for comorbid patients in menopause, benign breast diseases, pathophysiology of extreme conditions.

ADDITIONAL INFORMATION

Name	(names of publications, presentations, projects, conferences, seminars, names of awards and prizes, membership in academies, professional and scientific associations, etc.)
Publications	<p><i>h-index (Scopus) – 2.</i></p> <ul style="list-style-type: none"> • ORCID iD 0000-0001-9614-5762 https://orcid.org/0000-0001-9614-5762 • Scopus Author ID 58547177700 scopus.com/authid/detail.uri?authorId=58547177700 • Web of Science https://www.webofscience.com/wos/author/record/NRB-9246-2025 • Google Scholar https://scholar.google.com/citations?user=wCXT8v8AAAAJ • ResearchGate https://www.researchgate.net/profile/Ruslan-Mnevets <p>ARTICLES IN PUBLICATIONS INDEXED IN SCOPUS:</p> <ol style="list-style-type: none"> 1. Tatarchuk, T., Kalugina, L., Kvasha, T., & Mnevets, R. (2023). Vitamin D supplementation in bacterial vaginosis. <i>REPRODUCTIVE ENDOCRINOLOGY</i>, (68), 36–42. doi: 10.18370/2309-4117.2023.68.36-42 (Scopus) 2. Manzhali, E., Tatarchuk, T., Tutchenko, T., Kosei, N., & Mnevets, R. (2023). Relationships between nonalcoholic fatty liver disease and polycystic ovary syndrome: Literature review. <i>REPRODUCTIVE ENDOCRINOLOGY</i>, (70), 40–45. doi:10.18370/2309-4117.2023.70.40-45 (Scopus) 3. Tatarchuk, T., Yefimenko, O., Myronenko, O., & Mnevets, R. (2024). Consequences of wartime stress on women’s reproductive health. <i>REPRODUCTIVE ENDOCRINOLOGY</i>, (72), 28–34. doi:10.18370/2309-4117.2024.72.28-34 (Scopus) 4. Kalugina, L., Rodionova, I., Mnevets, R., Yusko, T., & Shuldyakova, Y. (2024). Persistence of antiphospholipid antibodies, features of pregnancy management: Clinical case. <i>REPRODUCTIVE ENDOCRINOLOGY</i>, (75), 25–31. doi: 10.18370/2309-4117.2024.75.24-30 (Scopus) 5. Hullon D, Subeh GK, Volkova Y, Janiec K, Trach A, Mnevets R. The role of glucagon-like peptide-1 receptor (GLP-1R) agonists in enhancing endothelial function: a potential avenue for improving heart failure with preserved ejection fraction (HFpEF) <i>Cardiovasc Diabetol.</i> 2025 Feb 7;24(1):70. doi: 10.1186/s12933-025-02607-w. PMID: 39920668; PMCID: PMC11806760. (Scopus, Q1) 6. Tatarchuk, T., Borisova, L., Tutchenko, T., Mnevets, R., Mamchyts, O., & Naumova, A. (2025). The impact of somatic injuries associated with combat operations on the reproductive health and psychological state of women. <i>REPRODUCTIVE ENDOCRINOLOGY</i>, (77), 8–13. doi: 10.18370/2309-4117.2025.77.8-13 (Scopus) 7. Hullon, Darshan; Janiec, Karolina; Florova, Violetta; Trach, Adam; Volkova, Yelizaveta; Mnevets, Ruslan. Glucagon-like peptide-1 receptor agonists and obesity paradox in heart failure with preserved ejection fraction: a systematic review. <i>Cardiovascular Endocrinology & Metabolism</i> 14(4):e00344, December 2025. doi: 10.1097/XCE.0000000000000344 (Scopus, Q3) 8. Kozlov SM, Kosei NV, Kondratiuk VA, Sydorenko VM, Mnevets RO, Kozlov OS. et al. (2025). Organization of medical care for pregnant women, fetuses and children with critical congenital malformations in a multifunctional perinatal center. <i>Paediatric Surgery (Ukraine)</i>. 2(87): 44-51. doi: 10.15574/PS.2025.2(87).4451 (Scopus) <p>HANDBOOK:</p> <p>Textbook “Pathophysiology” for students of the EP “Medicine” of the educational level “Master” / textbook / Kovalchuk OI, Mnevets RO, Yatsyna OI, Falaleeva TM, Smirnov OE // Kyiv, 2023. – 842 p.</p> <p>STANDARDS AND CLINICAL GUIDELINES OF THE MINISTRY OF HEALTH OF UKRAINE</p> <ol style="list-style-type: none"> 1. Inflammatory diseases of the pelvic organs. Evidence-based clinical guideline (approved by the order of the Ministry of Health of Ukraine dated 18.05.2023 №928) – member of the multidisciplinary working group 2. Medical care standard “Inflammatory diseases of the pelvic organs” (approved by the order of the Ministry of Health of Ukraine No. 928 dated 18.05.2023) – developer

	<p>3. Benign breast diseases. Tactics for managing abnormal breast examination results. Evidence-based clinical guidelines (approved by order of the Ministry of Health of Ukraine dated 03/26/2025 No. 535) – member of the multidisciplinary working group.</p> <p>4. Standard of medical care “Benign breast diseases. Tactics for managing abnormal breast examination results” (approved by order of the Ministry of Health of Ukraine dated 03/26/2025 No. 535) – developer.</p> <p>OTHER PUBLICATIONS:</p> <p>- Podpalova, O., Reshetnik, E., Kovalchuk, O., Prybytko, I., & Mnevets, R. (2025). Increasing the innovativeness of medical education through student scientific associations. <i>Grail of Science</i>, (48), 479–492.</p> <p>- Podpalova, O., Reshetnik, E., Prybytko, I., Mnevets, R., & Kovalchuk, O. Scientific student circles as an effective component of modern medical education (2024). <i>Medical physics - current state, problems, ways of developing new technologies.</i> – 2024. – No. 1. – P. 68-73. Scientific collection based on conference materials.</p>
<p>Congresses and conferences</p>	<ul style="list-style-type: none"> • «GYNECOLOGICAL ENDOCRINOLOGY THE 21ST WORLD CONGRESS» (Florence, May 8-11, 2024) – <i>posters</i>: <ul style="list-style-type: none"> - Persistence of antiphospholipid antibodies as a cause of frozen pregnancy. Iryna Rodionova (UA), Liudmyla Kalugina (UA), Nataliia Kosei (UA), Ruslan Mnevets (UA), Yaroslava Shuldiakova (UA) - Preservation of pregnancy in a woman who suffered a severe mine-explosive injury in the conditions of war: a clinical case. Lidiia Borysova (UA), Svitlana Regeda (UA), Nataliia Iarotska (UA), Ruslan Mnevets (UA). - Clinical case of long-term conservative management of nodular form of adenomyosis. Nataliia Zakharenko (UA), Tetiana Tatarchuk (UA), Ivan Manoliak (UA), Ruslan Mnevets (UA), Yehor Kozynets (UA). • Master class (CME event No. 1013866) “Uro-gynecological Check-up of the health of a married couple: the boundaries of the competence of a gynecologist and urologist” (Bukovel, September 18-20, 2025) – <i>co-speaker of the oral report</i>: - “UroGyn-navigator of comprehensive check-ups of the health of men and women in different age periods” (Tatarchuk T. F., Mnevets R. O.). • Master class (CME event) “Women’s Reproductive Health: Integration of Knowledge and Experience in an Interdisciplinary Aspect” (ReproTalks: Life Despite All the “Buts”), Mercure Congress Center (Kyiv, October 10, 2025) – <i>organizer, moderator</i>
<p>Certificates</p>	<ul style="list-style-type: none"> • 15th Congress of the European Society of Gynecology - Amsterdam, Netherlands, November 29, 2023 – December 2, 2023, 17 European CME credits • ISGE certified course “Hormonal contraception: a matter of choices for different needs and possibilities” (September 7, 2023 – January 11, 2024), European Accreditation Council for Continuing Medical Education (Online Course, Italy) • ISGE certified course “Hormonal contraception: clinical problems, management and solutions” (February 12, 2024 – July 11, 2024), European Accreditation Council for Continuing Medical Education (Online Course, Italy)
<p>Projects</p>	<ul style="list-style-type: none"> • Educational project for medical students, interns and young doctors «Mediverse» • Educational medical project for the population «HealthSpace»
<p>Awards</p>	<ul style="list-style-type: none"> • Scholar of the President of Ukraine (2014) • Gratitude from the Rector of the University for popularizing national science, significant personal contribution to the scientific potential of the state and on the occasion of the Day of Science in Ukraine (2024, №958). • Gratitude from the Vice-Rector of the University for a significant contribution to the development of the scientific potential of the younger generation (2024) • Gratitude from the Vice-Rector of the University for a significant contribution to the development of the scientific potential of the younger generation (2025)
<p>Membership in organizations</p>	<p>Member of the International Society of Gynecological Endocrinology</p>